



## Aberdeen (Grampian) Support Group

Come along to our support session where you will find a warm welcome and an opportunity to meet others for a cuppa and chat. Open to anyone affected by a liver condition and their loved ones.

Please email Lesley to book your place.

Hot drinks and light refreshments provided.

**Tuesday 5<sup>th</sup> August 2025**

**10.30am-12.30pm**

**Aberdeen Health & Care Village, Frederick Street, Aberdeen, AB24 5HY**

**with Dr. Astryd Jamieson, Health Psychologist, visiting speaker**

For more information and to confirm attendance, please contact:

**Lesley Simpson - Outreach Development Officer**

**Text or leave a voicemail 07356 124 391 or**

**email [lesley.simpson@britishlivertrust.org.uk](mailto:lesley.simpson@britishlivertrust.org.uk)**



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